

Watch over your heart with all diligence,  
for from it flow the springs of life. Proverbs 4:23

This was the theme verse of the Teen Girls Purity Conference that we held at the YUGO ROC (Rosarito Outreach Center). The girls began to arrive about 8 am from 40 miles away, from some very poor parts of Tijuana. Despite the light rain, they giggled and enjoyed the early morning coffee and Mexican sweet breads. This was my first time to put on a conference. I knew in my heart it was going to be a special day because so many women had volunteered to help with decorations, teaching, music, food and fun. Many new friendships were created in the preparation process which took almost one month with the help of Mike McDonald.

Finally the last van load of girls arrived - 13 girls from Calvary Chapel Vista del Valle with Jose Luis driving. He left Rosarito at 6:30 am to pick them up and arrived almost 3 hours later. He actually made three, 80 mile round trips to Vista del Valle that day as the men from theMovement Church put tarps on leaky roofs for several families while the ladies served at the ROC.

The 45 girls learned the world's definition of purity: "Purity is the absence of [impurity](#) in a substance, or the absence of [vice](#) in human character." They all know the world's definition of sexy, romantic, dating, etc. and throughout the day, the speakers shared bits of their own lives along with what the bible says about this subject. Does this mean they have to wear long skirts or veils or give up beauty treatments or Facebook? No! The bible says "Your adornment must not be [merely](#) external ....



but let it be the hidden person of the heart, with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God." We had speakers, workshops, drama and crafts. The team provided make-up, nail-painting, and there were hair stylists to cut hair.



Everyone felt like a princess when Sarah Vincent delivered the last message about how the girls are creating their biography right now and one day they will have children who want to know what their youth

was like. Sarah's Spanish is marvelous, her charisma is from the Lord and the afternoon closed with 35 girls going forward to commit to a life of purity and to God. I even cried seeing all those girls on their knees praying from their hearts. The surprise of the day was a little silver ring placed on their left ring finger to signify this commitment until the day they are married. Philippians 4:13 "I can do all things through Him who strengthens me." Please pray for these girls as I returned some of them to homes where their sisters and family will ridicule them for this decision.

Chicken fajitas prepared by the YUGO staff were delicious and everyone lined up to receive a gift, a purse filled with hair products and make up. Wow! How did we do all that and charge only \$4 per girl - God Did! Thank you to everyone that was a part of this first conference which might be an annual event. The body of Christ, working together loving one another can make an incredible difference in this world!

"Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us." Ephesians 3:30 The Lord overwhelms us with joy through your faithfulness to us and this ministry. May you be blessed above all that you ask or think. Please enjoy more pictures of the event on our website [www.pesina.weebly.com](http://www.pesina.weebly.com) under **ministry photos**.

*Cindy and Jose Luis Pesina*

My little children, let us not love in word or in tongue, but in deed and in truth. My little children, let us not love in word or in tongue, but in deed and in truth.



Calvary Chapel Vista del Valle girls with their commitment rings.